Order of Service

APRIL 3, 2022

Сніме		
Welcome		Ted Barnes
Prelude	``Schneeglöckchen'' Peter I. Tschaikowsky (`'April Snowbells″ from `'The Se	Polly Oliver, piano asons", Opus 37)
OPENING WORDS		Rev. Dr. Stephanie May
CHALICE LIGHTING & COVENANT Larson Fam With open minds and loving hearts, we gather to search for meaning, to care for one another, and to work together for a better world.		
Нуми #12	"O Life That Maketh All Things New"	Lucy Pease, hymn leader
TIME FOR ALL AGES	"Ramadan Moon" By Na'ima B Robert; Ill. by Shirin Adl; Pub. Frances Lir	Kate Holland
Children leave for SEEK programming "Go now in peace. Go no in peace. May the love of all surround you, everywhere, everywhere you may go."		
CANDLE FOR DAY OF	F SILENCE	Laurel Whitehouse
Time of Prayer an Prayer		Alyssa Lee
MOMENT O	F STILLNESS Sorrows	Roger Horine
Testimonial		Jan Miner
Offering		Alyssa Lee
<i>Give online <u>https://www.uuwayland.org/donate;</u> Download the Vanco Mobile app on your smartphone; Text to <i>8</i>33-264-0104.</i>		
OFFERTORY	"Adagio Cantabile" Ludwig Van Beethoven	Polly Oliver, piano
Reading	"This is What Was Bequeathed to Us" Gregory Orr	*Recorded
Sermon	"Sing Me Awake"	Rev. Dr. May
RITUAL OF LEAVING	<u>"Loosen Loosen"</u> Aly Halpert	Rev. Dr. May
Нүмм #354	"We Laugh, We Cry"	Lucy Pease, hymn leader
Benediction	(On the last verse, please turn toward rear doors for the benediction)	Rev. Dr. May
MUSICAL RESPONSE	"Loosen Loosen" (reprise)	Polly Oliver, piano
*Online or Recorded	$c \sim 1 \sim 0$	
	Recording and Facebook Live End	
SPOKEN LOVE & SO	PPOW/	

SPOKEN JOYS & SORROW

Соммилиту Тиме: In-Person: Join us either in the Commons (masks required) or by the Sheds (masks optional). Online Chat Rooms ("Vestry", "Commons"): Open Chats





SUNDAY PLATE COLLECTION

The unspecified funds collected during this service will support the programs of First Parish. Once a month the collection will be shared with a chosen organization.

- Give online https://www.uuwayland.org/donate
- Download the Vanco Mobile Faith Engagement app on your Smartphone
- Text your tax-deductible donation to 833-264-0104 (no dollar sign).

ANNOUNCEMENTS

SEEK Classes Today, 10:15 a.m., In-Person and Online Youth Group Today, 4:30 p.m.

TODAY'S FLOWERS are given by Mary Dunne and Malcolm Astley in memory of Lauren Dunne Astley.

TODAY'S USHERS are Pat & Keith Sims.

A NEW HORIZON OF STEWARDSHIP REMINDER!! Don't forget to turn in your pledge card or pledge online at <u>uuwayland.org/pledge</u> by April 9 for a chance to win one of Rev. Stephanie's famous pies!!

APRIL LAY MINISTER IS LYNNE MORRISON: Please feel free to contact the Lay Minister if you need assistance or just a friendly, confidential visit or chat during this month.

CALENDAR

For event connection information check our weekly eblast, contact the office or the event coordinator.

SPIRITUAL PRACTICE OF BEING IN NATURE *Thursday, Apr* **7**, **12**:00 p.m., *Heard Farm.* Join Kate and friends for a walk and talk about touching the spirituality in nature.

SIP & SEEK RETURNS! Thursday, Apr 7, 7:00 p.m., Outside. Join Rev. Stephanie and others for an evening of sipping, socializing and seeking. Discuss the monthly theme or other topics. Bring a beverage and a chair and please park in the rear lot.

MEN'S BOOK GROUP *Thursday, Apr 7, 8:00 p.m., Online.* This month we discuss Michael Lewis' book *The Undoing Project*. Contact Keith Sims for questions.

WK?FP@FP (FASCINATING PEOPLE AT FP) *Friday, Apr 8, 7:30 p.m., Online.* This month John Thompson talks about creativity and risk taking. <u>Contact Kate Holland</u> for more info.

ONGOING EVENTS & CONNECTIONS

MIDDAY MEDITATION *Mondays, 12:00 p.m., Online.* Suzanne Reitz, Barbara Pedulla or Penny Beer host a noon time meditation group on Mondays. Please stop in for a ½ hour meditation.

KNIT 1, LAUGH 2, Wednesdays, 7:00 p.m., Online Contact Heather Ryan for information.

CHOIR REHEARSALS, Wednesdays, 7:30 p.m., Sanctuary/Vestry Contact Polly Oliver for information.

BELL CHOIR REHEARSALS, Saturdays, 9:30 a.m, Sanctuary Contact Linda Murdock for information.

 Parish Committee (ParishCom@uuwayland.org)

 Co-Chairs: Deb Stubeda, Annie Stubbs

 Treasurer: Heather Felton (Treasurer@uuwayland.org)

 Clerk: Nan Jahnke

 Members: Ted Barnes, Larry Green, Barb Heffner, Lynne Lipcon, Nathalie Thompson, Jay Woodruff

 Staff

 Minister: Rev. Dr. Stephanie May; Intern Minister: Alyssa Lee

 Music Director: Polly Oliver

 Director of Lifespan Education & Engagement: Kate Holland

Parish Administrator: Karen Plaskon; Tech Coordinator: Matt Freije; Bookkeeper: Leo Monzon

Lay Ministers

Chair: Helen Green

Members: Ted Barnes, Jill Burrows, Erik Felton, Roger Horine, Lynne Morrison, Kathy Schmidt **Contact:** <u>www.uuwayland.org</u>; <u>office@uuwayland.org</u>; (508) 358-6133

APRIL MONTHLY THEME:

AWAKENING

We all know what it was like. The world was alive once. When we were little. The trees whispered words. Animals spoke to us with their eyes. Playgrounds could become castles. Life could speak.

The magic wasn't imprisoned in childhood. We've all had adult moments when we've "come alive." Wonderfully lost in our work, our creativity or a kiss. Time both stopped and was set on fire. It happened as well in moments of alignment. When our inner life and outer life fell into step. We were finally "us." Everything was clear, and enough.

And it's not that these moments of awakening don't still happen. It's surprising actually - how easily we let dullness sink in, how often we allow life to be muted. Yes, we forget what it feels like to be fully awake and for life to be fully alive. But forgetting means we can remember. It means we can help each other remember. And remembering opens a door for us to find our way back.

So maybe the message this month isn't simply, "Awaken!" but also, "Remind!" We need to tell our stories so others remember theirs. We need to take each other back in time, so we can fully inhabit our present. It's no small thing. On our own, we are so easily convinced being wide awake was a delusion, so easily fooled into thinking that life never really felt that good or seemed so clear. But with help, we wake up. We remember what it is like for life to shimmer. And for us to shimmer too.

Which question is calling to you? Where is it leading you?

- 1. When did you first awaken to the truth that the world's rules, judgements, and strivings did not have to be your own?
- 2. Have you ever read a book or watched a movie that "woke you up"?
- 3. Are awakenings easier when you are younger or older?
- 4. Has pain or loss ever led you to the door of awakening?
- 5. Could it be that your ambitions are an impediment to your awakening?

Wise Words:

The path of awakening is not about becoming who you are. Rather it is about unbecoming who you are not. Albert Schweitzer

The dark night of the soul comes just before revelation.

Joseph Campbell

it was when I stopped searching for home within others and lifted the foundations of home within myself I found there were no roots more intimate than those between a mind and body that have decided to be whole.

Rupi Kaur

Rumi

Waking up to who you are requires letting go of who you imagine yourself to be. Alan Watts

The breeze at dawn has secrets to tell you. Don't go back to sleep.

You live like this, sheltered, in a delicate world, and you believe you are living. Then you read a book (Lady Chatterley, for instance), or you take a trip, or you talk with [someone], and you discover that you are not living, that you are hibernating... Monotony, boredom, death. Millions live like this (or die like this) without knowing it. They work in offices. They drive a car. They picnic with their families. They raise children. And then some shock treatment takes place, a person, a book, a song, and it awakens them and saves them from death.

<u>Anais Nin</u>

You make an actual vow to hear the cries of the world, to step into the experience of awakening to the suffering of the world, and the desire to bring an end to that suffering. <u>Rev. angel Kyodo williams</u>

You are not meant for crawling, so don't. You have wings. Learn to use them and fly. <u>Rumi</u>

Themes and resources from Soul Matters, a network of UU congregations.

Hymn Lyrics

O Life That Maketh All Things New

O Life that maketh all things new, the blooming earth, our thoughts within, our pilgrim feet, wet with thy dew, in gladness hither turn again.

From hand to hand the greeting flows, from eye to eye the signals run, from heart to heart the bright hope glows, the seekers of the light are one: One in the freedom of the truth, one in the joy of paths untrod, one in the soul's perennial youth, one in the larger thought of God;

The freer step, the fuller breath, the wide horizon's grander view, the sense of life that knows no death, the Life that maketh all things new

We Laugh, We Cry

We laugh, we cry, we live, we die; we dance, we sing our song. We need to feel there's something here to which we can belong. We need to feel the freedom just to have some time alone. But most of all we need close friends we can call our very own. And we believe in life, and in the strength of love; and we have found a need to be together. We have our hearts to give, we have our thoughts to receive; and we believe that sharing is an answer.

A child is born among us and we feel a special glow. We see time's endless journey as we watch the baby grow. We thrill to hear imagination freely running wild. We dedicate our minds and heart to the spirit of this child. And we believe in life, and in the strength of love; and we have found a time to be together. And with the grace of age, we share the wonder of youth, and we believe that growing is an answer.

Our lives are full of wonder and our time is very brief. The death of one among us fills us all with pain and grief. But as we live, so shall we die, and when our lives are done the memories we shared with friends, they will linger on and on. And we believe in life, and in the strength of love; and we have found a place to be together. We have the right to grow, we have the gift to believe that peace within our living is an answer.

We seek elusive answers to the questions of this life. We seek to put an end to all the waste of human strife. We search for truth, equality, and blessed peace of mind. And then, we come together here, to make sense of what we find. And we believe in life, and in the strength of love, and we have found a joy being together. And in our search for peace, maybe we'll finally see: even to question, truly is an answer.